# Lesson: Grammar and Reading Comprehension

## Passage 2:

Denmark is considered one of the happiest countries in the world. One of the reasons for this is something called \*hygge\*. The word appeared in Danish writing for the first time during the 18th century, and \*hygge\* soon became a big part of Danish culture. It is a difficult word to define because it refers to a general feeling. The goal of a \*hygge\* lifestyle is not to seek out excitement, but to enjoy life's quiet moments.  
  
Comfort is an important part of \*hygge\*. Denmark's winters are long and cold, so people like to stay inside their warm homes and eat their favorite foods. Also, this lifestyle often includes simple and relaxing activities. (A) \_\_\_\_\_\_ taking a walk is a perfect way to spend an afternoon. (B) \_\_\_\_\_\_ there's nothing wrong with doing things alone, it is best to enjoy \*hygge\* with good friends. If you want to live a \*hygge\* lifestyle, take some time every day to do nothing but relax and be happy.

## Questions

1. What is the title of the passage?  
 a. The Importance of Comfort  
 b. The Concept of Hygge  
 c. Danish Winters  
 d. How to Be Happy

2. Which words best fill in the blanks (A) and (B)?  
 a. (A) Instead, (B) Unless  
 b. (A) Instead, (B) Although  
 c. (A) For instance, (B) Because  
 d. (A) For instance, (B) Although  
 e. (A) On the other hand, (B) Because

3. Find and correct the grammatical error in the passage.  
 "The word was appeared in Danish writing for the first time during the 18th century."

4. According to the passage, what is the goal of a hygge lifestyle?

5. Why do people in Denmark prefer to stay inside their homes during winter?

6. What kind of activities are associated with a hygge lifestyle?

7. True or False: Hygge is about seeking out excitement.

8. Fill in the blank: Comfort is an important part of \_\_\_\_\_\_\_\_.

9. What should you do every day to live a hygge lifestyle?

10. Explain the meaning of 'hygge' in your own words.

## Answer Key

1. b. The Concept of Hygge

2. d. (A) For instance, (B) Although

3. "The word was appeared in Danish writing for the first time during the 18th century." => "The word appeared in Danish writing for the first time during the 18th century."

4. The goal of a hygge lifestyle is to enjoy life's quiet moments.

5. People in Denmark prefer to stay inside their homes during winter because the winters are long and cold.

6. Activities associated with a hygge lifestyle include staying inside warm homes, eating favorite foods, and simple, relaxing activities.

7. False

8. Comfort is an important part of hygge.

9. To live a hygge lifestyle, take some time every day to do nothing but relax and be happy.

10. Hygge refers to a general feeling of comfort, coziness, and enjoying the quiet moments of life.